

March 2014

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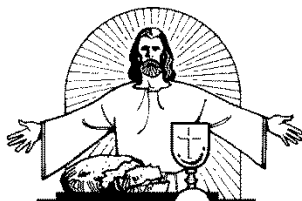
THE EPISTLE

The Newsletter of St. Paul Presbyterian Church

6426 Merle Hay Road - Johnston, IA 50131-0158

www.stpaul-johnston.com (515) 276-2818 www.facebook.com/stpaul.presbyterian

Worship @ 10:15 a.m. Sunday School: Adult @ 9:00am; Sr. High @ 9:40; K-6 @ 10:30



will sing "Come and Praise the Lord."

MARCH 2: CELEBRATION OF

COMMUNION "A Church for Others" will be our eighth and final sermon in the "Foundations of Renewal" series. Read Mark 8:31-9:1 in preparation. The bell choir will play "Thine is the Glory" and the Choir

MARCH 5, 7:00PM: ASH WEDNESDAY We will begin Lent with this traditional service emphasizing repentance. Participants may receive the imposition of ashes. "Pride: Cancer of the Soul," based on 2 Kings 5:1-14 and Matthew 20:17-28, will be first sermon in our Lenten series on the 7 Deadly Sins. The Chaos kids will sing "Amazing Love/You are My King" with the Praise Team and the Adult Choir will sing "O Love That Will Not Let Me Go."



SEVEN DEADLY SINS: A LENTEN INVITATION TO DIE AND RISE WITH CHRIST

In Colossians chapter 3 the Apostle Paul says God calls to die to sin and rise to new life in Jesus. Indeed, as his children, God expects us to change, believes we can change, and enables us to change. One of the tools the church has developed over the years to guide believers in change is the "Seven Deadly Sins." Join us this Lent as we explore how God would have us die to pride and rise to humility, die to envy and rise to gratitude, die to anger and rise to patience, die to greed and rise to generosity, die to gluttony and rise to self-control, die to lust and rise to love, and die to sloth and rise to hope!



MARCH 9: "ENVY: THE GREEN EYED MONSTER"

will be our sermon, based on 1 Samuel 18:5-9 and Matthew 20:1-16. Remember to "spring forward!" for the start of Daylight Savings Time. Our Youth Choir will sing an original: "What Does St. Paul Say."

MARCH 16: ANGER: HELL HATH FURY will be the third in our Seven Deadly Sins Lenten Sermon series. You may read Ephesians 4:25-32 and Mark 11:15-19 in preparation.



MARCH 23 "GREED: GIVING UP ON IDOLS"

will be our sermon theme, based on Luke 12:13-2, 18:18-30, and 19:1-10.

MARCH 30: LUST: LOOKING FOR LOVE IN

ALL THE WRONG PLACES will be the title of Pastor Bill's sermon, based on 2 Peter 1:3-12 and Luke 10:25-28.



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STEWARDSHIP ROAD - Keeping It All in Perspective

by Dean Nihart

Sometimes it is difficult not to get caught up in the rat-race of life. It is at times like this that sharing stories can offer some needed perspective.

A four year-old child, whose next door neighbor was an elderly gentleman, who had recently lost his wife, saw the man crying. The little boy went into the gentleman's yard, climbed onto his lap and just sat there. When his Mom asked him what he had said to the neighbor, the little boy just said, "Nothing, I just helped him cry."

A teacher's first grade class was discussing a picture of a family. One little boy in the picture had a different hair color than the other members. One of her students suggested she was adopted. A little girl said, "I know all about adoption cuz I was adopted." "What does it mean to be adopted?" asked another child. "It means" said the little girl, "that you grew in your Mommy's heart instead of her tummy!"

One man wrote a story about a boy named Jamie Scott. The man said Jamie was trying out for a part in the school play. He had his heart set on being in it. On the day the parts were awarded the little boy rushed up to his Mom with pride and excitement...."guess what Mom," he said.....I've been chosen to clap and cheer!!!" Now isn't that a lesson about perspective??!!

Whenever you are feeling down, or there is a difficult "turn" in your road of life, think about these stories and think about what Jesus went through for us. Stay positive and let God and the abilities He has given us to think about what is good and what is right, help guide your heart and mind.

(Thank You Dean, ed.)

CALLING ALL SENIORS (RETIREMENT AGE AND ON)

A luncheon will be prepared for you on March 20th after bible study at the church 12:00 pm. People who attend the Bible study are also invited. Please RSVP to Anne Temple if you would like to come. Call also if you will need a ride. 270-1871

ATTENTION!!!ATTENTION!!!ATTENTIONS!!!

Our Church address has CHANGED!!! (note the P.O. Box has been eliminated!)

St. Paul Presbyterian Church

6426 Merle Hay Road

Johnston, Iowa 50131

515-276-2818

www.stpaul-johnston.com

ALSO – the church email has changed!! Office.stpaulpres@gmail.com PLZ NOTE!!!!

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March Worship schedule:

Mar 2nd -	Last Sunday after Epiphany
Mar 9th -	1 st Sunday of Lent
Mar 16th -	2nd Sunday of Lent
Mar 23rd -	3rd Sunday of Lent
Jan 26th -	4th Sunday of Lent

March Driving Schedule:

2 – Mike
 9 – Doug
 16 – Rob
 23 – Brian
 30 - Mike

March birthdays

3 Bob Wych
 7 Emma Meyer
 4 Tom Conrey
 9 Mike Marturello, Jr.
 11 David Brouelette
 16 Mike Dunn
 17 Megan Rice
 17 Mary Zirkelbach
 18 Donna Batchelor
 19 Lonny Bartels
 19 Drew McConnell
 20 Brent Johnson
 20 Eleanor Brouelette
 23 Sara Johnson
 24 Michael McLaughlin
 25 Jim Gilbert
 27 Mary Alderson
 28 Sarah Ehlers
 30 Vivian Kinsey
 31 Donna Mauk
 31Annie Temple



Coffee Hosts and Greeters

Mar 2nd -	Dreibelbeis Family
Mar 9th -	Harlan & Lois Watson
Mar 16th -	Pauline Chambers
Mar 23rd -	John & Gretchen Kraemer
Mar 30 th -	(PLZ Call Pauline!)

**Christian Education
February 2014**

LOGOS News

LOGOS Sky-Zone Night

On Wednesday February 19th we had 21 students from elementary, Jr. High, and Sr. High travel to Sky-Zone trampoline park in Grimes Iowa. It was a fun filled evening full of dodge ball, dunks, and dives.



Mid-Week Volunteers



The CE Committee is looking for help Wednesday afternoons between 2pm and 8pm. No matter how much or how little amount of time you can commit we can use help playing with children, dinner prep, youth Bible study to name some areas. If you can help contact Aaron Sewell, Director of Youth and Children's Ministry.

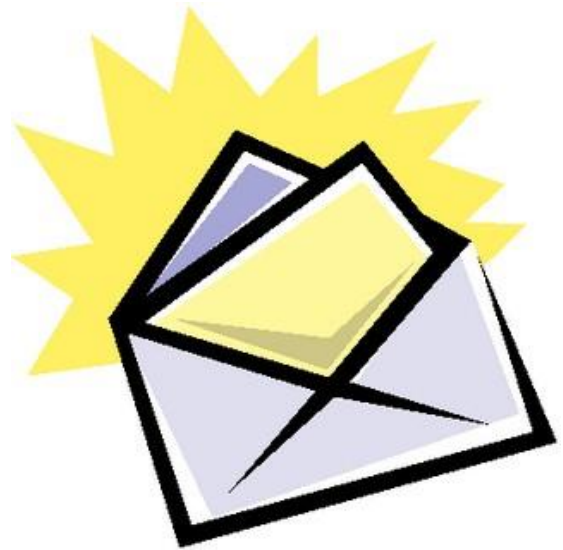
Sr. High Mission Trip Fundraisers

Brunch

Mark your calendars because you don't want miss the high school mission trip fund raiser brunch on March 9th following worship. Money raised will assist our youth on their mission trip to Newport, Tennessee this summer.

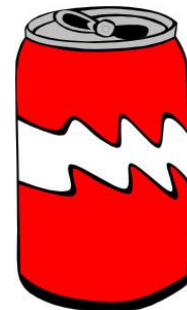
74 Envelope Campaign

The envelope campaign is off and running! If you would like to be a part of the contributions for the campaign you can find the numbered envelopes on the bulletin board on the East side of Fellowship Hall.



Can and Bottle Drive

The Sr. High students are collecting aluminum cans and glass and plastic bottles to redeem for cash. Please drop off any cans or bottles in the Sr. High room or in the Director of Youth and Children's Ministry office.



Final Say

If you have any questions or concerns in regards to the Youth and Children's programs please feel free to contact me at your convenience. **-Aaron**

Becoming God's Next Church

Synod School 2014

What is Synod School? Synod School is a special learning and personal enrichment experience for all ages. We seek to create an environment of hospitality, healing and hope. The week is designed for laity and clergy, individuals and families. Classes and activities are available for adults, youth and children – some separately, some intergenerational.

Synod School will be July 27th – August 1st at Buena Vista University. For more information contact the synod office, 1-800-328-1880, visit the synod web site at www.lakesandprairies.org or join the Synod School Facebook Group: "Synod School: Is this Heaven? No, it's Iowa."

Synod School 2014



Synod School, an annual midsummer ministry of the Synod of Lakes and Prairies of the Presbyterian Church (U.S.A.), is . . .

- learning
- worship
- music
- fellowship
- relaxation
- spiritual growth
- affordable
- fun for all ages

• • • • •

July 27–August 1, 2014

Buena Vista University, Storm Lake, Iowa

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Discover Synod School!

Go to www.lakesandprairies.org/school.html
or phone 1-800-328-1880, ext. 207.

Becoming God's Next Church

Thank you St. Paul!

I would like to thank you for remembering the Johnston Partnership for a Healthy Community with your 2013 contributions. Your commitment to the Johnston Partnership and the Johnston community are sincerely appreciated. St. Paul donated \$1050 in 2013 and multiple food items. 111 food items were donated for the holidays on 12/14/13 alone!

Sincerely,

Shawna Beron
Program Directory
Johnston Partnership for a Healthy Community



PASTOR BOB COOK READY TO MARCH!



Please keep Pastor Bob Cook in your prayers. On Wednesday, Feb 26, he will fly out to Los Angeles in order to take place in the Great March for Climate Action. On March 1 he and over 100 additional people will begin walking the 3,000 miles from LA to Washington, DC to raise awareness for global climate change. 300 will walk all or part of the way, but Bob is one of the few who is planning to walk the whole way.

Many marchers, including Bob, have spent more than six months preparing themselves, both physically and psychologically, for the rigors of marching day after day and camping in challenging conditions for 246 nights. The March is scheduled to reach Phoenix on April 8, Denver on June 17, Des Moines on August 11, Chicago on September 6, Pittsburgh on October 14, and Washington, D.C. on November 1. Marchers will walk an average of 14-15 miles per day and camp in a mobile green village which will demonstrate a range of sustainable technologies, including a mobile wind generator, parabolic solar cookers, composting toilets, and a truck powered by vegetable oil.

Pastor Bill recently spoke to Bob and he hopes to be blogging about his experience. We will pass a link on as soon as we get it. In the meantime you can learn more at <http://climatemarch.org>. And, of course, keep Pastor Bob and the other marchers in your prayers.

IT'S NOT TOO EARLY TO THINK ABOUT SUMMER CAMP!



Summer camp changes lives and forms lifetime friendships! Did you know that the Presbytery of Des Moines rents Wesley Woods camp and brings in Presbyterian counselors to put on an awesome camp experience for kids of all ages? Put these dates on your calendar! Each camp starts at 5:00pm on the stated day and ends at 9:30 am on the closing day.

2nd to 3rd Grade Camp: July 9-12 Enjoy fun camp and special activities, plus Bible study and worship. This is a perfect opportunity to make great friends! Enjoy singing, swimming, a campfire, Saturday-night "lock-in" type activities and other camp activities you cannot do at home. This year's special activities include bowling. Cost is \$230

4th to 8th Grade Camp: July 6-12 Enjoy a week of discovery and fellowship to share and grow in the Christian faith and community. Experience a mixture of traditional and non-traditional camp activities. Enjoy singing, swimming, campfires, Saturday night "lock-in" type activities and other camp activities you cannot do at home. This year's plans for special activities include bowling. Cost is \$390

9th to 12th Grades July 6-12 Youth in 9th to 12th grades attend Summer Fun Camp as youth leaders in training. The registration fee is reduced to \$345 because these youth assist camp staff.



Stay tuned for more information!

*"Everyone can be great, because anybody can serve.
You only need a heart full of grace."*

- Martin Luther King

(anyone interested in doing the Epistle in the future? -

Training is Free!)



JOHNSTON PARTNERSHIP FAT TUESDAY PANCAKE SUPPER

Join the Johnston Partnership for the 3rd Annual Fat Tuesday Pancake Supper, **March 4, 5-7pm**, to raise money for the Johnston DMARC Food Pantry, Clothes Closet and JUMP Student Mentor Program. Enjoy pancakes, sausage, eggs, juice, milk and coffee for \$5, while listening to live jazz

from the Johnston Station Jazz Band. Representatives from our supported programs will be available to share the services we provide in the community. Questions? Contact Barb Allen at 515-577-2194, or Summit Middle School, 9500 Windsor Pkwy, Johnston.



ST PAUL HISTORY PRESENTATION: MARCH 23!

Do you know who these people are what they have to do with St. Paul? Would you be interested in learning more about the history of our beloved church? Pastor Bill has been doing a lot of research into our church's history and has compiled a 20 minute Power Point presentation that he has used with our confirmation class and will use with future membership classes. Seems like it's a waste not to share all that work with current members who may not know much about our church's history or who want to make sure that PB is telling it "the way it was." So

grab your goodies and snacks after worship on March 23 and wander into the Fireside Room to check out the presentation. After we factor in some good conversation, it will probably take about 45 minutes.

*"The only safe and sure way to destroy
An enemy is to make him your friend."*

- Mark Twain

TASK FORCE ON OLDER ADULT MINISTRIES (OAM) &
CONGREGATIONAL HEALTH AND WELLNESS MINISTRY

February 2014 Newsletter * Presbytery of Des Moines * Des Moines, Iowa

“Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in

wrong-doing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends.” -- I Corinthians 13

What would it mean if we truly loved our bodies?

Keeping our bodies healthy and fit is one way we honor and worship God. Eat right, walk, go to the doctor regularly, see the dentist, have your hearing checked – all are ways to love and honor God, but more importantly, to love yourself. Understand you are a child of God, most precious and sacred. When you learn to love yourself – body, mind and spirit – you are then more open to loving God’s people and all those around you

Welcome! We welcome three new members to the OAM Task Force:

Patti Spencer Burdette is a certified Minister of Health having graduated from Clinical Pastoral Education (CPE) in 1994 and is a member of Fort Des Moines Presbyterian Church.

Rev. Jane Martinez serves as pastor of Westminster and East End Presbyterian Churches in Ottumwa. She is an RN, as well as a former chaplain and teacher.

Liz Stufflebeem is a Ruling Elder at Westminster Church in Ottumwa.

Calling All Health Professionals!!

If you are a doctor, a Parish Nurse, an RN, a social worker, a nutritionist ... We need you as this task force works to inform and encourage congregations to health and well-being. Please contact us to offer up your expertise and to help guide our ministry together.

Rev. Marcy Campbell, moderator

912 16th Street * West Des Moines, Iowa 50265 * revmac@mchsi.com * [515-422-8938](tel:515-422-8938)

Song of the Month

(a Praise Band oldie/goodie)

"I Will Rise" by Chris Tomlin

<http://www.youtube.com/watch?v=fa8w7mGug0c>

(ctrl + left click to follow link)

**There's a peace I've come to know
Though my heart and flesh may fail
There's an anchor for my soul
I can say, it is well**

**Jesus has overcome
And the grave is overwhelmed
The victory is won
He is risen from the dead**

**And I will rise when He calls my name
No more sorrow, no more pain
I will rise on eagle's wings
Before my God, fall on my knees
And rise, I will rise**

**There's a day that's drawing near
When this darkness breaks to light
And the shadows disappear
And my faith shall be my eyes**

**Jesus has overcome
And the grave is overwhelmed
The victory is won
He is risen from the dead**

**And I will rise when He calls my name
No more sorrow, no more pain
I will rise on eagle's wings
Before my God, fall on my knees
And rise, I will rise**

**And I hear the voice of many angels sing
Worthy is the Lamb
And I hear the cry of every longing heart
Worthy is the Lamb**

**And I hear the voice of many angels sing
Worthy is the Lamb
And I hear the cry of every longing heart
Worthy is the Lamb
(You are worthy, You are worthy)
Worthy is the Lamb**

**I will rise when He calls my name
No more sorrow, no more pain
I will rise on eagle's wings
Before my God, fall on my knees
And rise, I will rise, I will rise**

The Back Page

LENT!!

John Smith was the only Protestant to move into a large Catholic neighborhood. On the first Friday of Lent, John was outside grilling a big juicy steak on his grill. Meanwhile, all of his neighbors were eating cold tuna fish for supper. This went on each Friday of Lent.

On the last Friday of Lent, the neighborhood men got together and decided that something had to be done about John. He was tempting them to eat meat each Friday of Lent, and they couldn't take it anymore. They decided to try and convert John to be a Catholic. They went over and talked to him and were so happy that he decided to join all of his neighbors and become a Catholic. They took him to Church, and the Priest sprinkled some water over him, and said, "You were born a Baptist, you were raised a Baptist, and now you are Catholic." The men were so relieved, now their biggest Lenten temptation was resolved.

The next year's Lenten season rolled around. The first Friday of Lent came, and just at supper time, when the neighborhood was setting down to their tuna fish dinner, came the wafting smell of steak cooking on a grill. The neighborhood men could not believe their noses! WHAT WAS GOING ON?

They called each other up and decided to meet over in John's yard to see if he had forgotten it was the first Friday of Lent. The group arrived just in time to see John standing over his grill with a small pitcher of water. He was sprinkling some water over his steak on the grill, saying,

"You were born a cow, you were raised a cow, and now you are a fish."